Newfoundland and Labrador Dental Association

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Good Afternoon,

Here are the most recent updates as of the afternoon of Thursday, April 23rd:

What we're working on now:

## **Mental Health and Wellness:**

Maintaining good mental health and wellness continues to be a priority. Many organizations have developed apps to offer individuals mental health support, tips and other helpful information.

Mental health and wellness support through CDSPI's Members' Assistance Program (MAP) can be accessed by calling 1.844.578.4040 or visiting https://www.workhealthlife.com/

## **Upcoming NLDA Webinar**

The NLDA plans to continue our Webinars every Monday until further notice. Our next webinar will be on Monday, April 27th at 2:00pm (NDT) and will be an online CEC.

Our guest speaker: Denis Mahoney is a Labour and Employment Partner at McInnes Cooper's St. John's Office and a member of the firm's Board of Directors. Denis has extensive experience advising employers in the oil and gas, mining, transportation, construction and service sectors on a wide range of labour and employment matters. Denis has been very active in providing support and guidance to employers on the employment, health and safety issues associated with the COVOD-19 pandemic.

A sought-after presenter and panelist, Denis frequently receives requests to speak at national, regional and local seminars and conferences, and provides training and education on a variety of labour and employment topics.

Denis is Vice-Chair of Memorial University's Board of Regents and a Member of the Advisory Committee for the Centre for Law in the Contemporary Workplace at Queen's University. He also sits on the Board of Directors for NOIA and the St. John's Boys and Girls Club. He previously served as Chair of the St. John's Board of Trade and as a member of the firm's management team.

If you're interested in joining next weeks webinar, please contact Amanda via email: <a href="mailto:amanda.nlda@nfld.net">amanda.nlda@nfld.net</a> to RSVP.

## **Media Updates**

\* CBC NL - 6th consecutive day of no new COVID-19 cases in N.L.

"Fitzgerald issued two new public health orders: effective Monday at noon, all travellers arriving in the province will be required to submit a 14-day self-isolation plan upon entering, and effective Friday at noon all travellers must fill

out a health declaration form when arriving at any point of entry." <a href="https://www.cbc.ca/news/canada/newfoundland-labrador/covid19-newfoundland-labrador-update-april-23-1.5542270">https://www.cbc.ca/news/canada/newfoundland-labrador-update-april-23-1.5542270</a>

Our next update will be Friday afternoon, April 24th. We will continue to keep you updated.

Kind Regards,

Amanda Squires on behalf of Dr. Paul Hurley, President of the NLDA

If you have any questions you can contact myself, the Manager of Communications and Members Relations with the NLDA, via email <a href="mailto:Amanda.nlda@nfld.net">Amanda.nlda@nfld.net</a> or phone: 709-685-4420.